



EMERGENCY PREPAREDNESS



Know the hazards on your site. Know what to do when something goes wrong.

Every shift you work around heavy equipment, hazardous materials, confined spaces, and extreme heat. Injuries happen fast – and almost all of them are preventable. Read this before you start, and bring your questions to your supervisor or the weekly safety talk.



HEAT

- Drink water before you get thirsty and take your breaks in the shade.
- Watch your crew.
- Dizziness, cramps, a pounding headache, or a coworker who stops sweating means **stop work, cool down, and tell someone right away.**



MOBILE EQUIPMENT

- Stay out of blind spots.
- Never assume the operator sees you – make eye contact and wait for the signal before you move. Keep your high-visibility vest on.
- Know who on your crew is trained in First Aid, CPR, and AED, and know how to call 911 with your site address.



LOCKOUT/TAGOUT (LOTO)

Before you service a compactor, conveyor, or any other machine:

- Shut it down, lock it out, and tag it with your own lock and your name.
- Test that it cannot start before you put your hands or tools in it.
- Never remove someone else's lock, and never trust a machine that is "just turned off."



CONFINED SPACES

- Do not enter a tank, vault, or pit until the air has been tested, the space is ventilated, and the entry permit is signed – with a trained attendant outside and a rescue plan ready.
- If a coworker goes down inside, do not go in after them. **Call for rescue.**



SHARPS AND BIOHAZARDS

- Treat every load as if it holds needles and infectious waste.
- Wear your gloves and eye protection, never reach blindly into waste, and report any needle stick or splash immediately so you get treated.

**If it does not feel safe, stop work and speak up. No route, no load, and no schedule is worth an injury.
When in doubt, ask your supervisor.**