





MONDAY

Seatbelt Safety

Wearing a seatbelt is one of the simplest and most effective ways to protect yourself on the road.





Helps you make it home each day



Shows you're a pro



Why Buckling Up Matters

- Reduces your risk of fatal injury by 45-60% (CDC)
- Cuts your risk of serious injury by about 50% (U.S. DOT)
- Prevents ejection from the cab, which is almost always fatal
- Drivers without seatbelts are 30x more likely to be ejected

When You Don't Buckle Up

- You're violating federal regulation 49 CFR 392.16
- You risk your CDL and employment opportunities
- Your company could receive 8 CSA severity points for "Unsafe Driving"
- Most importantly: you're putting your life and your loved ones at risk!



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