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National Waste
& Recycling AssociationSM

SAFETY



MONDAY

Preventing: Slips, Trips, & Falls



According to the Bureau of Labor and Statistics (BLS) slips, trips, and falls account for an estimated 700 fatalities a year in the workplace. In From 2021-2022 BLS reported 450,540 injuries attributed to slips, trips, and falls. In 2023, of the 5,283 fatalities reported by the BLS, 885 were slips, trips, and falls.

Prevention:

- Pay attention to where you are walking.
- While walking on slippery surfaces, such as ice and snow, take short steps, with your feet pointed outwards – which will help with keeping balance.
- Clean up spills and other hazards.
- Be aware of your surroundings, see where you are stepping.
- Use three-points of contact when mounting or dismounting equipment and ascending or descending stairs or ladders.
- DO NOT JUMP off docks and/or steps!
- Ensure proper fitting and maintained footwear for your safety.



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