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National Waste
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SAFETY



MONDAY

Slips, Trips, and Falls



According to the U.S. Bureau of Labor Statistics, there were 885 out of 5,283 fatalities that were a result of slips, trips, and falls. In 2021-2022, there were 450,540 cases where workers had to spend days away from work because of slips, trips, and falls.

Some things to remember to try to prevent these types of injuries:

- Wear the proper PPE, including:
 - Ice cleats when needed
 - Company-required safety boots that have adequate tread and non-slip soles
- Always maintain three points of contact when getting in and out of vehicles or pieces of equipment. Remember to always face the cab of the vehicle or piece of equipment when getting out. Never go face first.
- Always clean up after the work is done and don't leave any tools, hoses, extension cords, parts, or any objects lying around for people to trip on. Cleaning up is part of your job scope.
- Utilize the 5S system, which is Sort, Set in order, Shine, Standardize, and Sustain, to keep an organized work place
- Always keep walkways clear of tripping hazards.
- Create a daily cleaning checklist to help organize your workspace. If you have time to lean, you have time to clean is a good phrase to remember.
- Always report to your supervisor if you see any slips, trips, and fall hazards in the workplace.



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