

November 25, 2024

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# SAFETY

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# MONDAY



**SAFETY** ARRIVE SAFE  
**COMES** WORK SAFE  
**FIRST** GO HOME SAFE

As the holiday season approaches, it is essential to prioritize safety while we continue to serve our communities. As others often become distracted and rush, our industry is faced with unique challenges during this busy time of year. The following are tips to ensure you, and your colleagues get home safe to loved ones.

- 1) **Stay alert and avoid distractions:** always be aware of your surrounding including pedestrians, vehicles and potential hazards.
- 2) **Use Personal Protection Equipment:** Ensure clothing is visible, especially in low light conditions. Wear proper safety footwear to limit slips from black ice damp conditions. Wear layers to stay warm and dry, while maintaining high visibility.
- 3) **Monitor weather conditions:** Stay up to date on current and changing conditions, especially if snow is expected. Ensure to adjust your speed and pace to conditions.
- 4) **Practice Safe Driving:** Obey the speed limits and traffic signs, especially in residential areas where holiday decorations can be distracting. Engage proper working lights and turning signals. Adjust to holiday traffic and expect delays and plan your route accordingly to known traffic areas.
- 5) **Stress Management and Celebrate Responsibly:** Take care of your mental health as the holidays can be stressful. Reach out for support to trusted colleague, manager or your HR team. If you plan on celebrating with alcoholic beverages, plan appropriately to arrive home safe.

### DECORATE WITH CARE

Use safe ladder practices, check holiday lights for worn electrical wires, and keep potentially poisonous plants out of reach of children & pets.

### FIRE SAFETY

Don't leave burning candles unattended. Keep your Christmas tree at least 3 feet from heat sources like fireplaces & space heaters.

### TOY SAFETY

Watch for tiny pieces from toys and décor, including batteries, which can pose a choking hazard for children. Don't forget to add helmets when gifting bikes and scooters.

### TRAVEL SAFELY

Keep a first-aid kit in your car. Don't text while driving. If holiday beverages include alcohol, leave the driving to a designated driver.



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