

JUNE 5, 2023



SAFETY

MONDAY

**Emergencies can happen at any time
when driving a commercial motor
vehicle. Before starting your day, make
sure you are prepared...**



- ✓ Arrive at work fit for duty by having a good night's rest.
- ✓ Wear required personal protective equipment (PPE) for the job at hand. Don't forget high visibility clothing or vest.
- ✓ Ensure truck has a 20-lb fire extinguisher and you know how to use it.
- ✓ Keep a flashlight or headlamp.
- ✓ Have at least one set of safety triangles.
- ✓ Always have a spill and first kit.
- ✓ Annual inspection and cab insurance card.
- ✓ Driver's vehicle inspection report (current / previous day).
- ✓ Medical card and driver's license.
- ✓ Always carry extra water and snacks just in case.
- ✓ Keep a charged phone for use in the event of an emergency.
- ✓ Watch weather forecast and always be vigilant when there is a chance of severe weather in the area.
- ✓ Dress for work and weather conditions.
- ✓ Call 911 in the event of an emergency.
- ✓ Reach out to your manager or supervisor if you have any questions or concerns.